



Republic of the Philippines
Department of Education
 REGION II – CAGAYAN VALLEY

MEMORANDUM

ESD-2021- 003

To: **SCHOOLS DIVISION SUPERINTENDENTS**

From: **BENJAMIN D. PARAGAS, PhD, CESO V**
 Director IV/Regional Director

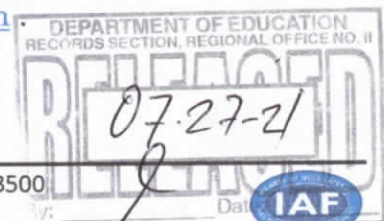
Date: July 26, 2021

Subject: **TAYO NAMAN! LIVE WEBINAR**

1. As a response to the existing threats to mental health brought about by the COVID-19 pandemic to the Department of Education (DepEd) personnel, the Disaster Risk Reduction and Management Service (DRRMS), in collaboration with relevant partners, is currently implementing a Mental Health and Psychosocial Support (MHPSS) program for personnel entitled "**TAYO Naman! (Tulong, Alaga, Yakap at Oras sa mga Tagapagtaguyod ng Edukasyon)**" webinar.
2. The program aims to equip DepEd personnel with ways to protect their mental health amidst the COVID-19 pandemic. Further, it aims to promote inclusivity among the different governance levels of the Department. The program is watched live every Friday at 8:30-10:00 AM via the official Facebook page of DepEd Philippines.
3. **TAYO Naman! Episode 10** shall be hosted by the Schools Division Office of Cagayan on July 30, 2021, at 8:30 – 10:00 AM with the theme, "**Connecting and Building Healthy Relationships with Co-Workers**".
4. Interested personnel are invited to register through the link: <https://bit.ly/TAYONamanWebinar> until July 29, 2021, 12:00 PM. Only the first 200 participants will be accommodated which will allow them to interact with speakers and panelists through an interactive forum, while remaining off-cam. Others can watch the live episode via the Facebook page while the replay episode can be watched at https://youtube.com/deped_ph.
5. For clarifications and queries, you may contact Ms. Joan Grace Llamado through 0977 277 5126 or email at joan.llamado@deped.gov.ph
6. For information and widest dissemination.



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