



Republic of the Philippines  
**DEPARTMENT OF EDUCATION**



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January 22, 2015

**REGIONAL MEMORANDUM**

No. **07** s. 2015

**TRAINING WORKSHOP OF GYMNASTICS COACHES AND TECHNICAL OFFICIALS**

To: The Schools Division/City Superintendents  
 Elementary/Secondary School Principals

1. Pursuant to Regional Memorandum No. 5, s. 2015. Enclosure No. 5, the 3-day Training Workshop of Gymnastics Coaches and Technical Officials will be held on January 30 to February 1, 2015 at Quirino General Comprehensive High School, Cabarroguis, Quirino.
2. The training aims to update the participants with the latest guidelines in Gymnastics to be used during the 2015 CAVRAA Meet and Palarong Pambansa.
3. Participants are coaches, chaperons and technical officials for 2015 CAVRAA Meet.
4. Registration is P1,200.00 which covers food, accommodation and other administrative cost incurred during the said activity.
5. Transportation and other expenses relative to the training shall be charged to local funds.
6. The provisions of DepED Order No. 53, s. 2003 entitled Updated Guidelines on the Grant of Vacation Service Credits to Teachers shall apply to coaches, chaperons and technical officials who shall attend the training workshop.
7. Inclosed is the list of expected participants on this training workshop.
8. For the information, guidance and compliance of all concerned.

*Norma C. Guillermo*  
**NORMA C. GUILLERMO, Ph.D.**

Chief, Curriculum and Learning Management Division  
 Officer-In-Charge  
 Office of the Regional Director

Inclosure: As stated  
 Reference: Regional Memorandum No. 5, s. 2015  
 Allotment: 1 - (RO-02-07)

To be indicated in the Perpetual Index  
 under the following subjects:

**SPORTS**

**TEACHERS**

**TRAINING**

*M. Vizcaya*  
*Quirino*  
*Isabela*  
*Santiago*  
*Cauayan*  
*Ilagan* } 01-22-15

*Batanes - C/o Reason 01-22-15*

*Tuguegarao - Casayan*

### LIST OF 2015 CAVRAA TECHNICAL OFFICIALS

#### GYMNASTICS (MAG)

1	Santos B. Anog	Gadu National HS	Cagayan
2	Rochelle F. Buncad	Bonfal Pilot Central School	Nueva Vizcaya
3	Elmo M. Diaz	Labbu Elem. School	Nueva Vizcaya
4	Angel A. Tallod	Imelda R. Marcos HS	Isabela
5	Carolione C. Tomas	L. Adviento Primary School	Cagayan
6	Marlon Q. Cuntapay	Solano East Central School	Nueva Vizcaya
7	Hope Gonzales	Alfonso Castañeda CS	Nueva Vizcaya
8	Priscilla D. Palattao	Parog-Parog Elem. School	Cagayan
9	Herminio Orpricio, Jr.	Ramon National HS	Isabela
10	Bylon Rumbaoa	Sta. Rita Elem. School	Isabela
11	Fredelyn Alcavedos	Ballesteros Elem. School	Cagayan
12	Annabelle T. Mantile	Palacian Elementary School	Quirino
13	Joseph Peralta	Solana West CS	Cagayan

#### GYMNASTICS (RG)

1	Romana B. Villegas	San Francisco Elem. School	Cauayan City
2	Renerose M. Labasan	San Juan Elem. School	Nueva Vizcaya
3	Flordeliza B. Dacanay	Solano Norh Elem. School	Nueva Vizcaya
4	Marietta L. Aragon	Solano East Central School	Nueva Vizcaya
5	Marjorie L. Abaya	Lal-lo National HS	Cagayan
6	Ria Lucia R. Garcia	Alicia East Central School	Isabela
7	Ginelyn Rivera	Cauayuan North CS	Cauayan City
8	Jocelyn Labasan	Diadi National HS	Nueva Vizcaya
9	Angie Lyn S. Pallaya	Diffun High School	Quirino
10	Gina Jane G. Sangil	Calao West Central	Santiago City
11	Renan Sotelo	Sta. Isabela Sur Elem. School	City of Ilagan
12	Vicky B. Salenga	Carulucud Elem, School	Cagayan
13	Maria Lourdes Ugale	Reina Mercedes VIS	Isabela

#### GYMNASTICS (WAG)

1	Amelia B. Bergonia	Mabini Elem. School	Santiago City
2	Jonna M. Bernardino	Masoc Elem. School	Nueva Vizcaya
3	Norla S. Valdez	La Torre Elem. School	Nueva Vizcaya
4	Susan S. Beran	Solana West Central School	Cagayan
5	Christle E. Sibayan	Reina Mercedes VIS	Isabela
6	Cheraildy T. De Asis	Sinapaoan Elem. School	Nueva Vizcaya
7	Maryfe B. Adriano	Sinamar Norte Elem. School	Isabela
8	Cristeta Gabayan	Gadu Elem. School	Cagayan
9	Victoria Escobar	San Andres Elem. School	Santiago City
10	Mylene Quiben	Bagong Silang Elem. School	City of Ilagan
11	Mirriam T. Sibal	Palao Elem. School	Cagayan
12	Myra B. Roque	Cauayan North Central School	Cauayan City
13	Veronica Singson	Diffun High School	Quirino
14	Angelyn M. Tumitit	Nagtipunan Integrated School	Quirino

## LIST OF 2015 CAVRAA COACHES AND CHAPERONS

1	Catalina Marcos	Lallo North Central School	Cagayan
2	Richard Paredes	Gabun Elementary School	Cagayan
3	Maricel Ladia	Cullit Elementry School	Cagayan
4	Rodrigo Semania	Western Cagayan SAT	Cagayan
5	Faye Eileen Peralta	Lallo National HS	Cagayan
6	Rexon Balisi	Western Cagayan SAT	Cagayan
7	Odessa Bisares	Ballesteros NationalHS	Cagayan
8	Rachel Ligason	Aklan Vilage Elem. School	Quirino
9	Nenita Mondragon	Cabarroguis Central School	Quirino
10	Noel Christian Agustin	Cabarroguis Central School	Quirino
11	Benjamin Millo	Victoria High School	Quirino
12	Rhodora Blanco	Quirino General High School	Quirino
13	Narciso Cardenas	Cabarroguis National SAT	Quirino
14	Joel Parinas	Magsaysay Elementary School	Nueva Vizcaya
15	Lenie Jane Yacapin	Solano East Central School	Nueva Vizcaya
16	Juvy Navarette	Solano West Central School	Nueva Vizcaya
17	Maria Crisanta Sapigao	Runruno Elementary School	Nueva Vizcaya
18	Arlene Pagaduan	Magsaysay Elementary School	Nueva Vizcaya
19	Winnie Dangan	Solano High school	Nueva Vizcaya
20	Desiree Rose Rodrigo	Solano High School	Nueva Vizcaya
21	Jovelyn Bumagat	Mabini Elementary School	Santiago City
22	Ruth dela Cruz	Mabini Elementary School	Santiago City
23	Jeanette Roque	Rizal National HS	Santiago City
24	Rona Macadenden	Santiago City NationalHS	Santiago City
25	Maybel Daquiaoag	University of St. Louis	Tuguegarao City
26	Jacoba Juvy Bugina	Cagayan National HS	Tuguegarao City
27	Maria Luisa Bugina	Cagayan National HS	Tuguegarao City
28	Eva Jasmin Jimenez	Tuguegarao East Central School	Tuguegarao City
29	Joyce Labang	Tuguegarao East Central School	Tuguegarao City
30	Karen Arenas	Tuguegarao East Central School	Tuguegarao City
31	Imelda Remigio		Isabela
32	Oliver Ballesteros	Sto. Domingo IS	Isabela
33	Emerita Eve Guzman	San Mateo VIHS	Isabela
34	Janice Dalit	Sto. Domingo IS	Isabela
35	Elizabeth Bayucan	Sto. Domingo IS	Isabela
36	Sylvia Domingo	Villa Magat ES	Isabela
	Coaches and Chaperons		Cauayan City
	Coaches and Chaperons		City of Ilagan

## RESOURCE SPEAKERS AND FACILITATORS

- |                       |     |
|-----------------------|-----|
| 1. Santos B. Anog     | MAG |
| 2. Rodrigo T. Semania | MAG |
| 3. Rexon Balisi       | MAG |
| 4. Romana B. Villegas | RG  |
| 5. Amelia B. Bergonia | WAG |

